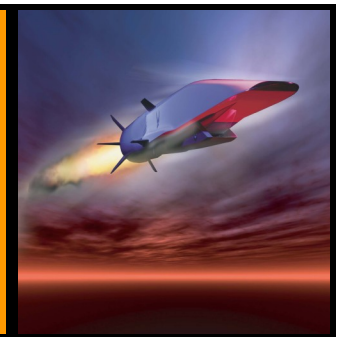




## AIRMAN AND FAMILY READINESS CENTER CALENDAR OF EVENTS **SEPTEMBER 2010**

749 West New Mexico Ave  
Holloman AFB NM, 88330  
Mon-Fri 0700-1700  
575-572-7754



***The Airman and Family Readiness Center will be closed on 3 Sep 10 for an ACC Family Day and on 6 Sep 10 in observance of Labor Day***

### **HOLLOMAN IN-PROCESSING (HIP)**

**7:30 am – 4:30 pm**

Mandatory for all newcomers! Sign-up at the MPF. Spouses are encouraged to attend the first two days of in-processing. Before attending HIP, stop by the Airman and Family Readiness Center for information regarding the Child Care for PCS program. **OFFERED ON 13 SEP, 20 SEP, AND 27 SEP**

### **POST DEPLOYMENT GROUP**

**9:00 am – 10:00 am**

An informal gathering for both active duty and family members to talk about post deployment topics such as family issues, suggestions on how to improve the deployment process, or programs and services offered to families of deployed personnel. **OFFERED ON 13 SEP, 20 SEP AND 27 SEP**

### **TRANSITION ASSISTANCE PROGRAM PRE-SEPARATION BRIEFING**

**1:30 pm – 3:30 pm**

Mandatory briefing for personnel separating in the next year. Receive information on veterans benefits, moving, medical, resumes, and more. **OFFERED ON 7 SEP, 14, SEP, AND 28 SEP**

### **TRANSITION ASSISTANCE PROGRAM PRE-RETIREMENT BRIEFING**

**1:30 pm – 3:30 pm**

Mandatory briefing for military personnel retiring within the next year. Receive information on veterans benefits, moving, medical, resumes, and more. **OFFERED ON 9 SEP, 16 SEP, AND 30 SEP**

### **SPONSORSHIP TRAINING**

**7 SEP**

**9:00 am – 10:30 am**

Service members and their families need a good sponsor before they arrive at Holloman...it makes the move easier and creates a good first impression about how much we care about our people. We'll provide you with the tools and information to help you be an effective sponsor. Mandatory for all first-time sponsors or for those who haven't sponsored in over a year.

### **HEALTHY RELATIONSHIPS CLASS—TRUE COLORS**

**8 SEP**

**9:00 am to 10:30 am**

Still trying to figure out what makes people "tick" the way they do? This class helps you define personalities using the True Colors system...to learn why folks are different and ways to understand them better.

### **STOMP (Specialized Training for Military Parents)**

**10 AND 11 SEP**

**8:00 am to 3:00 pm (both days)**

A **FREE 2 DAY** workshop for parents of children with special needs who want to learn about available resources and become a better advocate for their child. This training is also available for teachers or professionals who work with special needs military-affiliated children on a regular basis. **PLEASE RSVP NLT 8 SEP BY CALLING THE 572-7754.**

### **ZOO AFTER HOURS**

**11 SEP**

**5:30 pm to 7:30 pm**

Free to family members of deployed, remote, or extended TDY personnel, and residents of on-base housing. Hosted by A&FRC/Soaring Heights. Come celebrate and have fun...jump in the Jumping Jupiter, have your face painted, see the animals, enjoy the music, and eat some pizza. **PLEASE CALL THE A&FRC AT 572-7754 TO RSVP FOR THIS EVENT.**

### **HEALTHY RELATIONSHIPS — MAKING MARRIAGE WORK AFTER DEPLOYMENT**

**14 SEP**

**9:00 am to 10:00 am**

A presentation that addresses issues couples face before and after deployment and upon re-integration.

### **NAVIGATING THE USAJOBS WEB PAGE**

**14 SEP**

**5:30 pm to 7:00 pm**

We'll show you how to navigate the new version of the USAJobs web page to find jobs and prepare an effective resume.

### **MARKETING YOURSELF FOR A SECOND CAREER**

**15 SEP**

**9:00 am to 11:30 am**

A **FREE** two and one half hour professional lecture for officers and senior enlisted who plan to leave the service in the next one to five years. Learn about your competition for finding a job, perceptions civilian employers have of military personnel, a plan for your job search, resumes, cover letters, broadcast letters, etc., how employers read your resume, networking and penetrating the hidden job market, preparing for and conducting a successful interview, and salary negotiations/benefit packages.

**HEART LINK****16 SEP****8:00 am to 2:30 pm**

"Basic Training" workshop for spouses. Good informative look at family programs, services and benefits, and the military lifestyle. Free child care, breakfast, and lunch provided. **YOU MUST ARRANGE FOR THE CHILD CARE BEFORE THE CLASS. FOR ASSISTANCE WITH CHILD CARE, AND TO RSVP FOR THE CLASS, PLEASE CALL THE A&FRC AT 572-7754 NLT 6 SEP.**

**HEALTHY RELATIONSHIPS CLASS - COPING WITH JOB UNCERTAINTY****16 SEP****5:30 pm to 6:30 pm**

Designed to teach ways to deal with potential organizational restructuring and job loss, how to handle the emotional challenges that can accompany these uncertainties, and how to manage change.

**TRANSITION ASSISTANCE PROGRAM 3-DAY WORKSHOP****21, 22, 23 SEP****8:00 am - 4:00 pm**

A *must* for military personnel and their Spouses, who are planning to leave the military. This workshop helps military personnel and their Spouses refocus on transitioning to civilian life and exploring topics such as change management, resume building, interviewing skills, effective job hunting, website exploration, local and out-of-state resources, etc. Highly recommended if you're at least 12 months from your date of separation/terminal leave or 24 months from your retirement/terminal leave/permissive TDY date, whichever is earlier.

**SPOUSE'S COFFEE AND CONVERSATION****21 SEP****9:00 am to 10:00 am**

An informal monthly social event for spouses of deployed service members. Come join us for coffee and conversation at "Brewed Awakenings", the coffee shop located at the Raptors Nest, to talk about any issue, or just get information about base services and programs available to you while your spouse is deployed. Your first cup is on us!

**PLEASE RSVP NLT 17 SEP BY CALLING THE A&FRC AT 572-7754.**

**DISABILITY TRANSITION ASSISTANCE PROGRAM****23 SEP****8:30 am - 11:30 am**

Do you qualify for VA Disability benefits? Being medically separated or retired? Look at what options are available to you. Hear a representative from the Veterans Administration brief on your benefits and how to get them. If you're staying in the area, bring a copy of your medical records to submit to the VA. Members relocating can bring a copy of their medical records for review.

**SPOUSE INFORMATION DAY****27 SEP****8:00 am - 12:00 pm**

An informative workshop, designed for newly arrived Spouses, where topics such as employment, education, and TRICARE are discussed. Free child care available for participants (exclusively through in-home day care providers).

**YOU MUST ARRANGE FOR THE CHILD CARE BEFORE THE CLASS BY CALLING THE A&FRC AT 572-7754.**

**INVESTMENT & RETIREMENT PLANNING****28 SEP****8:00 am - 11:00 am**

What goals and financial plans do you have in place now for the eventuality you will retire someday? Why is it important to use the time value of money concept? Learn about the military Thrift Savings Plan, individual retirement accounts (IRAs), retirement planning, and mutual funds.

**RESUME WRITING WORKSHOP****28 SEP****9:00 am - 11:00 am**

Basic resume writing is a life skill. We'll provide you with the basic mechanics of building a resume as well as tips to keep it current and marketable.

**BUNDLES FOR BABIES****28 SEP****1:00 pm - 3:00 pm**

It takes a lot of time, education, and money to raise a child from birth to young adulthood. This Air Force Aid Society-sponsored class focuses on the financial, educational, and tax issues related to having a baby. Family Advocacy will be here to answer any questions you might have. Attendees receive a layette valued at over \$75. Open to all branches of the U.S. Armed Forces and members of the German Air Force stationed at Holloman AFB.

**HOME BUYING****29 SEP****8:00 am - 10:00 am**

You need a class like this to get the latest info on home buying. Learn about the special tax break you may qualify for if this is your first time buying a home or if you have not bought a home in the past 3 years. Receive great information on the buying process, financing tips, closing costs, pre-paying a mortgage, VA benefits, and more.

**HOME SELLING & FORCLOSURE AVOIDANCE****30 SEP****1:00 pm - 3:00 pm**

Regardless of how many times you might have sold a home, it's important to have the latest rules and changes to the housing market. This class covers topics such as selling a home through a real estate broker or For Sale by Owner (FSBO), getting the house ready for sale, closing costs, capital gains tax laws, renting my home, how to avoid foreclosure, and much more.

**PLAN MY MOVE****30 SEP****2:00 pm - 4:00 pm**

Contrary to popular belief not all PCS moves in the military are the same. What changes to the PCS system have occurred since you last relocated? Where can you find the most up-to-date information about the new installation or area you're moving to? The A&FRC, TMO, Finance, Housing, and other base agencies will give you information that will help you prepare for your move.

**Would you like us to send you a copy of our monthly calendar? Just e-mail us at [A&FRC@holloman.af.mil](mailto:A&FRC@holloman.af.mil) and we'll send you a copy at the beginning of Every month.**