

Flight/Ground Support Meals

1. Turkey/Ham w/Cheese Sub
2. Turkey Sandwich*
3. Tuna Salad Sandwich
4. Roast Beef Sandwich*
5. Ham Sandwich
6. Grilled Chicken Breast*
7. PB & J Sandwich
8. Breaded Chicken Patty

*Denotes Healthy Choice

(Each Meal Includes Supplements listed below)

1 fresh fruit
1 bottled water
1 canned soda
Chips
1 granola bar
1 candy bar
Mayo and mustard pc

**During Exercises and
Contingencies #3,6 & 8
are not available**

Meal Cost:

Large Menu \$4.25
MRE's \$4.25

*** All items must be consumed
within a 4 hour period upon pick up**

PLACING ORDERS

To place an order please call us at:
572-5859 or 572-0052



Order requirements:

Call orders in at least 2hrs in advance

**Full names and full SSN for ESM
customers annotated on an AF Form 79**



Shifting Sands Flight Menu



Phone DSN 572-5859/0052