**CLASSES THAT ARE SUBBED ARE SUBJECT TO CHANGE FORMAT** ***<Classes with** are 30 min. long>***

| Sunday | Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 | Saturday 6 |
|---|---|---|---|---|---|---|
| **March** | 0900: Back To Basics*(Ray) | 0530: Zumba Tone (Ellen) | 0600: Back To Basics* (Ray) | 0815: Step* (Julie) | 0530: Cycling* (Darla) | 0930: Pilates Plus Express- |
| | 0900: Aqua (Ben) | 0815: Step* (Julie) | 0815: Stretch & Tone (Julie) | 1200: Yoga (Selena) | 0900: Back To Basics* (Ray) | 45 minute class (Ben) |
| | 1030: Zumba* 45 min.(Darla) | 1200: Yoga (Selena) | 0900: Back To Basics*(Ray) | 1530: Step* (Lori) | 0900: Aqua (Ben) | 1030: Zumba* (Patti) |
| | 1200: Cycling * (Lori) | 1700: Zumba* (Patti) | 0900: Aqua (Ben) | 1700: Zumba* (Maria) | 1030: Zumba* 45 min. (Darla) | |
| No classes | 1700: Yoga (Selena) | 1730:Cycling*(Stacy) | 1200: Cycling* (Julia) | 1730: Cycling* (Stacy) | | |
| | 1805: Step* (Lori) | | 1700: Zumba (Patti) | | | |
| | | | 1730: Cycling (Julia) | | | |
| | | | 1800: Step* (Lori) | | | |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
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